

HYALURONIC FILLER CONSENT

Hyaluronic acid fillers are injectable gels that are used to restore volume to the skin, improve facial lines, wrinkles and folds as well as to enhance facial contours. This effect will be noticeable immediately after injection with full results seen in 14 days. Fillers are temporary and can last anywhere from 6 to 18 months depending on the type of filler used, the location injected, and the number of syringes used.

By signing my name below, I indicate that:

I understand that the goal of treatment is to help restore skin volume and soften folds and wrinkles.

I understand that it is in my best interest to avoid blood thinners such as alcohol, aspirin products, NSAIDS, high dose garlic, ginseng, ginkgo or other herbal supplements up to three days before treatment.

I understand in the first few days after injection the filler is movable. I understand that I am not to manipulate the area injected and I should sleep on my back.

I understand that just as there may be benefits from the procedure, all procedures involve some degree of risk. I understand that the following are among the expected side effects of Hyaluronic Acid fillers procedures:

- **Discomfort**: Most patients will feel some discomfort associated with the treatment. This discomfort is usually temporary during the procedure and localized within the treatment area. There can be some tenderness to the localized area for up to two weeks after the procedure.
- **Redness and Swelling**: After treatment most patients can expect to have redness or swelling to the areas injected. This common side effects typically lasts 2-3 days post treatment and can last upwards of 2 weeks.
- **Bruising**: Due to many vessels underlying the skins surface, bruising can be a common side effect that can last up to 7-14 and be substantial in size and colour depending on the area injected.
- **Small Nodules**: While the filler is settling into the tissue you may be able to feel some non-tender nodules under the surface of the skin. This is usually temporary and can last up to 2 weeks. In some cases, the nodule can last indefinitely.
- **Herpes Simplex Reactivation**: Herpes Simplex Virus (cold sore) eruption may result in cases where filler is injected in a treated area that has previously been infected with the virus. This is typically true in the case of lip fillers.

I understand that the following are among the possible risks and/or complications, mainly temporary, associated with the hyaluronic acid fillers procedure:

- **Asymmetry**: All faces are not perfectly symmetrical, and although we strive to create balance, in some cases, Hyaluronic acid filler can move from the site of injection when under pressure and this can result in facial asymmetry.
- **Keloid Scarring**: Although rare, scarring is a possibility due to the disruption to the skin's surface and/or abnormal healing. Scars, which can be permanent, may be raised or depressed, and scarring could lead to loss of pigment or increased pigment ("hypopigmentation/hyperpigmentation") in the scarred area.
- **Pigment Changes**: Although rare, during the healing phase, the treated area may appear to be darker. This is called PIH ("post inflammatory hyperpigmentation"). PIH occurs more frequently with darker colored skin, after sun exposure to the treatment area, or with patients who already have a tan.
- **Infection**: Every time you are injecting through the skin there is a chance that there is a portal of entry for infection.
- **Allergic Reaction**: Patients can be allergic to the hyaluronic acid and have varying allergic responses to it.
- **Efficacy**: Because all individuals are different, it is not possible to completely predict who will benefit from the procedure and how long the filler will last. Some patients will have very noticeable improvement, while others may not fall within the expected outcomes.

